

**Sample Itinerary Fiji:**  
*Sustaining Human Societies and the Natural Environment*  
[www.auiip.com/fiji](http://www.auiip.com/fiji)

*Please note: This itinerary is a sample of potential program activities, based on previous years' programs. Deviations from this plan may be expected.*

<b>Destination</b>	<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Contact Hours</b>
U.S.	4 weeks pre-departure		Orientation	2 L
U.S.	3 week pre-departure		Pre-departure lectures	3 L
U.S.	2 week pre-departure		Culture and Geography Quiz	3 L
U.S.	1 week pre-departure		Reflective Essays	1 L
Nadi	Day 1		Group flight arrives	
		18:00	Traditional Fijian foods sampler dinner; explanation of yaqona ceremony	2 F
		19:00 – 20:00	Welcome and orientation to Fiji	1 L
		20:00 – 21:00	Introduction to modules	1 L
Nadi	Day 2	8:00 – 9:30	Introduction to Fijian Culture and History	1.5 L
		9:45 – 11:15	Faculty-led reflective exercise	1.5 L
		12:00 – 14:00	Indo-Fijian Foods Sampler	2 F
		14:00 – 16:00	Hindu temple visit <i>introduction to Indo-Fijian culture</i>	2 F
		16:00 – 18:00	Nadi markets visits <i>Introduction to urban versus rural living in Fiji</i>	2 F
Coral Coast	Day 3	8:00	Depart for Coral Coast	
		9:00 – 10:00	Tour of Sigatoka town - "bread basket" of Fiji	1 F
		10:30 – 12:00	Visit Kula Ecopark <i>View Fijian biota and lecture on conservation of endangered species</i>	1 L, 1 F
		14:00 – 15:00	Tourism and Ecotourism in Fiji	1 L
		15:00 – 16:00	Social History of Fiji; Importance of LMMA's to Fijian way of Life	1 L
		16:00 – 18:00	Guided tour of Tourism Opportunities Spectrum (TOS) on the Coral Coast	2 F
Coral Coast	Day 4	8:00 – 17:00	Rivers Fiji Ecotourism <i>Visit to remote village and kayaking</i>	8 F

		19:00 – 20:00	Fijian Way of Life Module (I) discussion	1 L
		20:00 – 21:00	Ethnographic study preparation	1 L
Votua Village	Day 5	8:00	Depart for Votua Village	
		9:30 – 10:30	Sevusevu ceremony and welcome to homestays	1 F
		10:30 – 12:30	Tour of village with families	2 F
		12:30	Lunch with homestay family	
		13:30 – 17:30	Ethnographic study	4 F
		18:00 – 21:00	Lovo feast, Meke and Kava Ceremony	3 F
Nadi	Day 6	7:00	Breakfast with homestay family	
		10:00 – 12:00	Village homestay de-brief and module discussion	2 L
			Module writing	
		19:00 – 20:00	Group debate: Social divide between Indo-Fijians and Indigenous Fijians	1 L
Mamanuca Islands	Day 7	9:00	Depart for Denerau Marina <i>Fijian Way of Life Module (I) due</i>	
			Stop at Sigatoka en-route	
		12:00	Catamaran to Mamanuca Islands	
		14:30 – 16:30	Introduction to reef biology and ecology	2 L
		17:00 – 19:00	Research project overview	2 L
Mamanuca Islands	Day 8	09:00 – 10:00	Snorkel induction	1 F
		10:30 – 14:30	Research project data collection	4 F
		17:00- 19:00	Analysis of field data and write up	2 L
		20: 00 – 21:00	Group Debate: Sustainable Tourism Development in Fiji	1 L
Mamanuca Islands	Day 9	8:00 – 11:00	Project presentations	3 L
		17:30	Catamaran to Denerau Marina	
		19:00	Group dinner	
		20:00 – 21:00	Program evaluations and wrap up	1 L

Nadi	Day 10		<i>Tourism Module (II) due</i>	
		8:00 – 10:00	Faculty-led reflective exercise	2 L
		22:00	Group flight	
	1 week post departure	<i>Reflection Module (III) due</i>	3 L	

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### Contact Hours

Pre-Departure: 9

Lecture hours: 28

Field hours: 16 (using 2 field hours = 1 lecture hour)

Modules: 9 (n=3 at 3 hours each of independent study)

Total lecture equivalent hours = 62