

**Sample Itinerary Antarctica:**  
*Human Impacts on a Fragile Ecosystem*  
[www.auip.com/antarctica](http://www.auip.com/antarctica)

*Please note: This itinerary is a sample of potential program activities, based on previous years' programs. Deviations from this plan may be expected.*

| <b>Destination</b>                     | <b>Date</b> | <b>Time</b>   | <b>Lecture Topic or Activity</b>  | <b>Contact Hours</b> |
|--|-------------|---------------|---|----------------------|
| Pre-departure                          |             |               | On-campus lectures during fall term   | 33 L                 |
| Pre-departure                          |             |               | Orientation   | 3 L                  |
| Ushuaia                                | Day 1       |               | Group flight arrives  |                      |
|  |             | 16:00 – 17:00 | Welcome and orientation to Argentina and Antarctica   | 1 L                  |
|  |             | 17:00 – 18:00 | Introduction to modules   | 1 L                  |
|  |             | 19:00 – 21:00 | Welcome dinner and program orientation  |                      |
| Ushuaia                                | Day 2       | 8:00 – 18:00  | Field trip to Tierra del Fuego National Park: Southern forests, landscape change and conservation | 2 L<br>5 F           |
| Expedition ship to Antarctic Peninsula | Day 3       | 8:30 – 10:00  | Group discussion and assignment of group projects   | 1.5 L                |
|  |             | 10:30 – 12:00 | Guided tour of Museo Maritimo de Ushuaia  | 1.5 F                |
|  |             |               | Board expedition ship for cruise through Beagle Channel to Antarctica                             |                      |
|  |             | 19:30 – 21:00 | Geology of Antarctica and glaciation  | 1.5 L                |
| At sea: Drake Passage Crossing         | Day 4       | 8:00 – 10:00  | Antarctic Wildlife: Marine mammals and seabirds   | 2 L                  |
|  |             | 10:30 – 16:00 | Ship excursions, Zodiac landings, and wildlife viewing  | 4 F                  |
|  |             | 19:30 – 21:00 | Terrestrial ecology and botany of Antarctica; review of day's sightings                           | 1.5 L                |
| At sea: Drake Passage                  | Day 5       | 8:00 – 10:00  | Antarctica as an extreme environment  | 2 L                  |
|  |             | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F                  |
| At sea: Antarctic Peninsula            | Day 6       | 8:00 – 10:00  | International management of Antarctica; legal frameworks  | 2 L                  |
|  |             | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F                  |
|  |             | 19:30 –       | Effects of tourism on Antarctica; review of day's   | 1.5 L                |

|                                |        |               |   |       |
|--------------------------------|--------|---------------|---|-------|
|                                |        | 21:00         | sightings   |       |
| At sea: Antarctic Peninsula    | Day 7  | 8:00 – 10:00  | Group discussion and project mid-term evaluation  | 2 L   |
|                                |        | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F   |
|                                |        | 19:30 – 21:00 | Living at a polar research base; review of day's sightings  | 1.5 L |
| At sea: Antarctic Peninsula    | Day 8  | 8:00 – 10:00  | Polar psychology and group dynamics   | 2 L   |
|                                |        | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F   |
|                                |        |               |   |       |
| At sea: Antarctic Peninsula    | Day 9  | 8:00 – 10:00  | History of polar exploration and scientific discovery   | 2 L   |
|                                |        | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F   |
|                                |        | 19:30 – 21:00 | Marine and freshwater biology; review of day's sightings  | 1.5 L |
| At sea: Drake Passage Crossing | Day 10 | 8:00 – 10:00  | Cultural resource management in Antarctica  | 2 L   |
|                                |        | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F   |
|                                |        | 19:30 – 21:00 | Ecological and geo-political future of Antarctica   | 1.5 L |
| At sea: Drake Passage          | Day 11 | 8:00 – 11:00  | Group project presentations   | 3 L   |
|                                |        | 10:30 – 16:00 | Ship excursions and wildlife spotting   | 4 F   |
|                                |        |               | Farewell ship dinner and party  |       |
| Ushuaia                        | Day 12 |               | Disembark from expedition ship in Ushuaia and transfer to accommodation   |       |
|                                |        | 16:00 – 18:00 | Group discussion and synthesis  | 2 L   |
| Ushuaia                        | Day 13 | 8:30 – 10:00  | Native peoples of Tierra del Fuego (Yagens and Ona)   | 1.5 L |
|                                |        | 10:30 – 17:00 | Field trip to archaeological sites and Estancia Haberton: Colonialism and historical change in Tierra del Fuego | 4 F   |
| Ushuaia                        | Day 14 |               | Free Day  |       |
|                                |        | 16:00 – 18:00 | Final group discussion and program evaluations  | 2 L   |
|                                |        | 19:00         | Final dinner and program ends   |       |
| Ushuaia                        | Day 15 |               | Depart for U.S.   |       |



### Contact Hours

Orientation: 3

Campus lecture hours: 33

Field lecture hours: 37

Field hours: 21 (where 1 field hour = 2 lecture hours)

Field modules: 9 (n=3 at 3 hours each of independent study)

Total lecture equivalent hours = 103.25